

Cancellation of Appointments

If you are unable to keep your scheduled appointment or no longer require it, we would appreciate 24 hours notice of cancellation. This allows others the opportunity to use your unwanted appointment.

Appointment Date:

Day:.....

Time:.....

Please plan to be here at least six hours.

What to bring with you:

- Anything from your doctor e.g. letter or test results.
- A spare pair of underwear.
- Sanipads if you have a long out of town journey home.
- Lens case for contact lens wearers.
- Community service cards for prescriptions.

Payment

The service fee of \$1,000 is payable in its entirety on the day of appointment. We never allow private payment by account. Full payment is strictly required on the morning of your appointment by banker's cheque (Personal cheques are not accepted), EFTPOS, Visa, Cash or MasterCard.

Protestors outside the front entrance

This is extremely rare but can occur at random. If you have any concerns, use the rear door intercom system in the car park for immediate assistance.

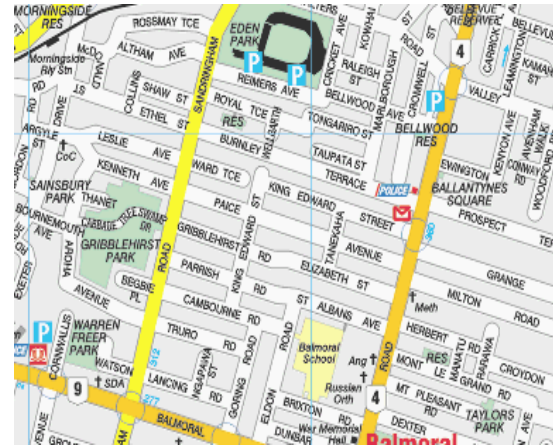
Directions to AMAC

Auckland patients

We are situated at the city end of Dominion Rd Mt. Eden, directly opposite Eden Quarter shopping complex (see map).

Out of town patients from South of Auckland

Exit the southern motorway at Greenlane, turning left. Continue on this road, passing by Greenlane Hospital and Alexandra Park. After passing St. Andrews Rd & Mt. Eden Rd, both on the right, the road becomes Balmoral Rd and meets Dominion Rd. Turn right and follow map to the blue dot that identifies AMAC's position.



Car Parking

AMAC parking is behind the clinic, down the driveway between the shops, directly opposite ASB bank. AMAC car parking spaces are named and for your use. **Closed circuit TV security cameras** are in operation for your safety. However, AMAC takes no responsibility for damage/theft of vehicles or property on the car park. Parking is at your own risk.



Auckland Medical Aid Centre Ltd

Private Abortion Services

Patient Brochure For Surgical Termination of Pregnancy

First floor
283-289 Dominion Rd
Mt. Eden Auckland
P.O. Box 56 463 Dominion Rd
Auckland 1030

**Office hours: 9am – 5.00pm
Monday- Friday**

Tel: (09) 638 6040/1
Fax: (09) 631 0451
www.amac.org.nz



Timely, quality care by professionals who care

Why Choose Private?

- A quality accredited service, established since the early 70's
- Operation from 6-12 weeks as confirmed by scan
- Guaranteed appointments within 5 working days (often less)
- Only one visit (unless more time required)
- Individualised care
- High staff to patient ratio
- Experienced, non-judgmental staff
- Comfortable surroundings

Service Fee

The fee for this one-day service is \$1,000 (incl. GST). Please note this does not include Post procedure treatment, Admission to Hospital, Scans, Blood Tests and Interpreters.

Procedure on the Day

Please anticipate that you will be at the clinic for approximately 6 hours. Discharge from our care is generally between 3.30 pm – 5.30 pm.

On Arrival

A receptionist will show you to your private room, request you to complete admission forms, and assist with payment transactions. You will be shown to where you can access bathroom facilities, complimentary coffee, a variety of teas, chilled water and biscuits throughout the day.

Your AMAC support person will collect all of the relevant tests and forms from reception, then will meet you shortly after your forms are completed.

Counselling

Your AMAC support person will be a nurse or a nurse with counselling training. Counselling is a helping process that to be effective must have your willing co-operation. The decision for counselling is yours in law and will not be forced upon you. However your nurse will still need to ensure that you have all the information you require to be able to make an informed decision and consent, in order for the abortion to proceed. She will produce a written report for the two certifying consultants on your behalf.

A translator, who is fluent in both English and your own language, will need to accompany you if your English is insufficient for the interview and informed consent. (Family members and partners are not acceptable in this role). Full understanding of information is a necessary part of your careful decision and safe treatment.

Lunch Break

An appointment will be given to meet the Consultant/ Operating Doctor then you may leave the clinic for a light lunch.

First Certifying Consultant

You will meet the Consultant/Operating Doctor shortly after your return to discuss your request for abortion. Your abortion will be approved if the doctor believes it is indicated and meets the legal criteria. If you are declined by this consultant or decide to continue your pregnancy at this stage of the day you will be refunded your fee, **less \$250.00**, the charge for administration and consulting fees.

Second Certifying Consultant

The second Certifying Consultant will meet with you next to assess your request and answer any questions. This doctor must also approve the abortion. Neither doctor will approve your abortion to proceed on the same day if there is any doubt about your decision, or they believe the decision is not of your own free will. Once approved, the doctor will assist you with your choice of contraception and administer pre-operative medication.

Surgical Procedure

Your procedure will follow approximately 45-90 minutes after taking the medication, to allow it to take effect. You may use this time to have a shower or simply relax read a book, watch TV or a DVD.

The procedure is performed using sedation to make you drowsy (**not asleep**). Local anaesthetic is used to numb the cervix and a pain relieving injection and/or gas will assist in controlling discomfort. The surgical procedure normally takes 5 -10 minutes.

Recovery

We require you stay and rest for a minimum of one hour, most women are feeling well and recovered by this time. You must not drive a vehicle for 12 hours after having sedative drugs so you must arrange a responsible person to drive or escort you home.

Support Person

You are welcome to bring a support person with you to keep you company throughout the day. We request you restrict this to one person, as the clinic is small, and we must abide by safety regulations. Don't worry if you have to attend alone, AMAC staff provide support to all women.

Children

Please arrange childcare for the full day. Do not bring babies and children. It is a long day and even the best-behaved children become bored and irritable, this affects the quality of rest and quiet you and others deserve.

Cell Phones

For the privacy of yourself and others the use of camera phones is prohibited inside the building; all other cell phones must be switched to silent mode. Local telephone calls can be made at no cost from reception.