Your Appointment

Day One Appointment Date:.....

Day: ..... Time:.....

Day Two-Appointment Date: .....

Day: ..... Time:.....

If you took medication at your first appointment, you **must** attend the 2nd appointment, even if you believe you have completed the abortion.

What to bring with you

1st Appointment

- Anything from your doctor, e.g., test results.
- Community service cards for prescriptions.
- Proof of residency status (e.g. passport) to qualify for subsidised NZ resident rate.

2nd Appointment

- Spare underpants, toiletries, and sanipads if you have a long journey home.
- A light lunch (there is a bakery close by).

Cancellation of Appointments

If you are unable to keep your scheduled Day One appointment or no longer require it, we would appreciate 24 hours notice of cancellation. This allows others to use that appointment time.

Service Fee

The fee for this two-day medical procedure is $1,050 for health care eligible (HCE) residents or $1,200 for non-eligible residents. Other charges apply for some services such as post-procedure treatment, admission to hospital, scans, blood tests and prescriptions. A detailed schedule of fees is available from our web site.

(HCE: A citizen/permanent resident of New Zealand, or a continuous two-year work permit.

Payment

The service fee is payable in full on the day of appointment. EFTPOS, Visa, Cash or MasterCard are accepted. We do not accept personal cheques or payment by account.

Protestors outside the front entrance

This is extremely rare but can occur at random. If you have any concerns, call AMAC for assistance.

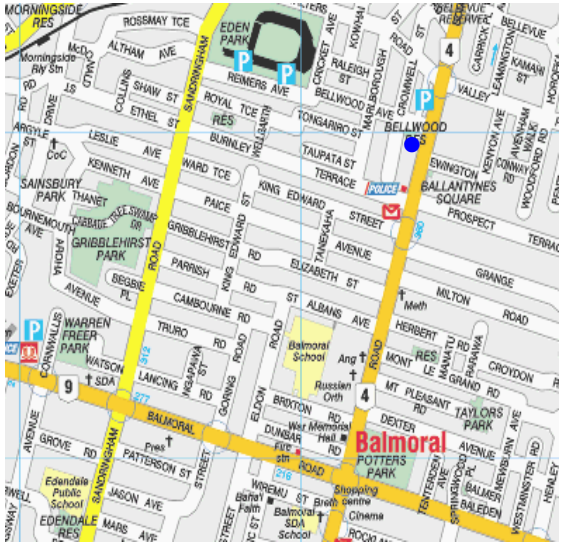
Directions to AMAC

Auckland patients

We are situated at the city end of Dominion Rd Mt. Eden, directly opposite Eden Quarter shopping complex (see map below).

Out of town patients from South of Auckland

Exit the southern motorway at Greenlane, turning left. Continue on this road, passing by Greenlane Hospital and Alexandra Park. After passing St. Andrews Rd & Mt. Eden Rd, the road becomes Balmoral Rd. Turn right at Dominion Rd and follow map to the blue dot that identifies AMAC's position.



Car Parking

AMAC parking is behind the clinic, down the driveway between the shops, directly opposite ASB bank. AMAC car parking spaces are named and for your use. Closed circuit TV security cameras are in operation for your safety. However, AMAC takes no responsibility for damage/theft of vehicles or property on the car park. Parking is at your own risk.

ACCREDITED Quality Health New Zealand

Auckland Medical AID CENTRE

promoting early quality care

Private Medical Termination of Pregnancy Services

Appointment Brochure

Office hours – Monday to Friday
8:30am – 5.00pm

1st floor 283-289 Dominion Rd
Mt. Eden Auckland
Tel: (09) 638 6040
Fax: (09) 631 0451
www.amac.org.nz

March 2011

Why Choose Private?

- A quality accredited service, established since the early 70's
- Medical Abortion Procedures performed up to 62 days of pregnancy - confirmed by scan
- Appointments within 5 working days
- Individualised care
- High staff to patient ratio
- Experienced, non-judgmental staff
- Comfortable surroundings

Quality Accreditation

The high standards of service provided by AMAC in Auckland have been recognised by the award of accreditation status by TELARC Quality Health (formerly Quality Health New Zealand).

According to TELARC, this accreditation places AMAC at the leading edge of New Zealand's health sector 'providing assurance that the service meets or exceeds the highest quality health standards available in New Zealand'.

> *This accreditation recognises the quality of healthcare delivered and the commitment to continuous improvement. This has been demonstrated by achievement of standards and continuous quality improvement in care, service and safety.*
>
> *Certificate of Accreditation 2009-2013*

Support Person

You are welcome to bring a support person with you to keep you company throughout the day. We request that you restrict this to one person, as the clinic is small, and we must abide by safety regulations. Don't worry if you have to attend alone, AMAC staff provide support to all women.

Translator

A neutral translator, fluent in both English and your own language, will need to accompany you if your English is insufficient for the interviews and informed consent. Full understanding of information is a necessary part of your careful decision and safe treatment. Family members and partners are not acceptable as neutral translators. A competent English language speaker must stay with you overnight in case an emergency arises.

Procedure on Day One

Please anticipate being at the clinic for about three hours. Please be on time to ensure we can see you that day. If your appointment has to be re-scheduled, it may be too late for you to choose medical abortion.

Further details about the procedure are available on our website (www.amac.org.nz).

On Arrival

A receptionist will show you to your private room, request you to complete admission forms, and assist with payment transactions. You will be shown the bathroom facilities and the complimentary refreshment bar.

Counselling

Your AMAC support person will be a nurse or a nurse with counselling training. Counselling is a helping process that to be effective must have your willing co-operation. The decision for counselling is yours in law and will not be forced upon you. However, your nurse will still need to ensure that you have all the information you need for informed decision and consent, in order for the abortion to proceed. She will produce a written report for the two certifying consultants on your behalf.

First Certifying Consultant

Following your nurse/counsellor interview, you will meet the Consultant to discuss your request for abortion. Your abortion will be approved if the doctor believes it is indicated and meets the legal criteria. If you are declined by this consultant or if you decide to continue your pregnancy at this stage, your fee will be refunded, less the charge for administration and consulting.

Second Certifying Consultant

The second Certifying Consultant will meet with you next to assess your request and answer any questions. This doctor must also approve the abortion. Neither doctor will approve your abortion to proceed on the same day if there is any doubt about your decision, or they believe the decision is not of your own free will. Once approved, the doctor will assist you with your choice of future contraception and administer Mifepristone (the abortion pill). This must be taken at AMAC.

Recovery

We require you to stay and rest for a minimum of 30 minutes, to ensure there are no adverse reactions like vomiting. You will be discharged with written instructions on how to take care of yourself until the next visit, emergency contact numbers and an appointment time for your second visit.

Procedure Day Two (The next day)

Medication will be administered shortly after your arrival. Most women need to stay between 3 - 6 hours to complete the abortion. During this time, you will have time for reading or watching TV in a private room. During your stay you may eat and drink normally unless there is abdominal discomfort, in which case we suggest fluids only.

If you are very early pregnant, you may be given the option to complete the abortion process at home, depending on certain criteria (the nurse will discuss this option with you).

Recovery Day Two

Once the pregnancy is passed you will need to rest for about half an hour. If all is well you will be discharged home with written aftercare and follow-up instructions. Some patients may opt to go home to pass the pregnancy tissue.

After some medications, driving is inadvisable, so you must arrange a responsible person to drive or escort you home.

Children

Please arrange childcare for the full day. Do not bring babies and children. It is a long day and even the best-behaved children become bored and irritable, this affects the quality of rest and quiet you and others deserve.

Cell Phones

For the privacy of yourself and others the use of camera phones is prohibited inside the building; all other cell phones must be switched to silent mode. Local telephone calls can be made at no cost from reception.